



# FACT SHEET

## Module 6.4 Dangerous Emotions & Aggressive Driving

---

### What should you do when confronted by an aggressive driver?

- Stay calm and relaxed.
- Make every attempt to get out of the way safely. Don't escalate the situation.
- Put your pride in the back seat. Do not challenge an aggressive driver by speeding up or attempting to hold your position in your travel lane.
- Wear a seat belt and encourage your passengers to do the same.
- Avoid eye contact.
- Ignore harassing gestures and refrain from returning them.
- Report aggressive drivers to appropriate authorities by providing a vehicle description, location, license plate number and direction of travel.
- If an aggressive driver is involved in a crash, stop a safe distance from the crash scene. When police arrive, report the driving behavior you witnessed.

### Three Types of Aggressive Drivers

#### The quiet road rage driver

- Complaining, rushing, competing, resisting
- Brakes suddenly to scare a tailgater
- Exceeds speed limits by more than 10 mph
- Cruises in the passing lane
- Criticizes other drivers

#### The verbal road rage driver

- Yelling, cussing, staring, honking, insulting
- Constantly ridiculing and criticizing other driver to self or passengers
- Closes the gap to deny entry
- Giving the "look"
- Speeding past another vehicle, revving the engine

#### The epic road rage driver

- Cutting off, blocking, chasing, fighting, shooting
- Carries a weapon – just in case
- Deliberately bumps or rams another vehicle
- Tries to run a vehicle off the road to punish
- Tries to run someone down
- Will get out of a vehicle to beat or batter someone
- Has thoughts of killing