

ATTENDANCE IN MIDDLE AND HIGH SCHOOL

Even as teens grow older and more independent, families play a key role in making sure they show up.

WHAT CAN YOU DO TO HELP YOUR TEEN?

- Contact your child's teacher and let them know how to reach you.
- Request a copy of their schedule
- Ask for help from school officials, after-school program providers, other parents, or community agencies if you're having trouble getting online or need help with food, housing, or another challenge.
- Know the school's attendance policy and the consequences for absences.
- Check on your teen's attendance to make sure they're attending all of their classes.



MAKE ATTENDANCE A PRIORITY

- Talk about the importance of showing up to school every day so your teen knows this is your expectation.
- Encourage your student to maintain daily routines, such as finishing homework or getting a good night's sleep.
- Avoid scheduling non-urgent dental and medical appointments when classes are in session.



HELP YOUR STUDENT STAY HEALTHY AND ENGAGED

- Find out if your teen feels safe. Communicate with your school.
- Check in weekly about your teen's academic progress and seek help from teachers or tutors.
- Stay on top of your teen's social contacts. Peer pressure can lead to skipping class, and teens who struggle to make friends can feel isolated.